Paramedical Personnel

of

Wasatch County Hospital

(See Ambulance Personnel)

## Wasatch County Designated as EMT Resource Hospital

4-6-88

As modest and unassuming as the is, it's a little disarming to carn that Terry Davis is a certified Emergency Medical Technician EMT), past president of South Summit Ambulance Association, and that she has had hands-on experience with virtually every type of medical emergency during her 13 years of service.

As an EMT, Terry plays the inredibly important role of extricating, stabilizing and "packaging" for ransport, and then transporting illude injured patients from the emergency scene. Her most dramatic experience involved the stabilization and transport of Addam Swapp to Wasatch County Hospital following the altercation at the Singer arm in Marion.

Terry is quick to point out that Vasatch County Hospital is their lesignated resource hospital. Dr. George Pitts is the medical director here and provides the required medical backup for the EMTs. This includes education and training, as well as an advisor on policy and protocol.

Dr. Pitts or another medical staff nember is on call 24 hours every ay to insure the highest standards of care. The South Summit ambuances are stationed in Kamas and re dispatched by the sheriff's deartment as calls come in on the 11 line.

Sandee Toone, R.N., is the diector of the emergency room and is lso responsible in helping to keep the EMTs up to date on their train-



ing. All of the members are certified at Level I, a 120-hour course which prepares them to extricate trapped accident victims, stabilize spinal injuries, stop hemorrhaging, splint broken bones, administer oxygen, take vital signs and generally stabilize the patient for ambulance transport to the Wasatch County Hospital emergency room.

The training is on-going and every EMT is required to re-certify each month on defibrillation for heart attacks and how to start an maintain IV therapy.

Nine of the members are certified with 16 hours additional training as Level II. This qualifies them to start an IV, which is very helpful in treating shock in trauma patients while establishing a lifeline to replace body fluids and to administer drug therapy.

In describing the South Summit EMT relationship with Wasatch County Hospital, Terry Davis commented that the physicians and nurses provide invaluable assistance and backup, and insure that the care given is of the highest quality.

"We have an excellent working relationship," said Terry, "and the level of care we give would not be possible without our resource hospital. We very much appreciate their support."

# Valley News

Births
Missionary News
Weddings
Anniversaries
Birthdays
Church News



### **Thomas - Trimble**

Mr. and Mrs. T. Dean Thomas are pleased to announce the marriage of their daughter, Kelli, to Ralph Trimble, son of Mr. and Mrs. Ron Trimble, both of Heber City. The couple have chosen the evening of April 15 to be married.

A reception will be held in their honor that evening at the Heber East Stake Center from 7-9:00. Friends and family are invited to attend.

### Senior Citize

Wednesday, April 6 – Roast beef, potatoes and gravy cauliflower, baking powder biscuit and butter, brownies and milk.

Thursday, April 7 -Turkey, dressing, potatoes an gravy, peas, roll and butter, maca roni salad, peach cobbler and milk.

Friday, April 8 — Bake cod loin, delmonico potatoe broccoli, roll and butter, pie an milk.

Monday, April 11 — Ham mashed potatoes and gravy, mixe vegetables, roll and butter, past salad, cookies and milk.

Tuesday, April 12 – Chicken, potatoes and gravy, car rots, biscuit and butter, cole slav apple cobbler and milk.

Wednesday, April 13 – Swedish meatballs over egg nor dles, mixed vegetables, roll an butter, salad, pie and milk.

#### Trips

We have a trip planned to the Manti Pageant. It is for three day and the cost is \$130 for double occupancy. It is for July 8-10.

Highlights are: Manti, dinner a LDS Ward Chapel, Mormon Mira cle Pageant; Capitol Reef Nationa Park; Arches National Park Canyonlands by Night tour; lunc in Price; plus much more!

#### Black Hills Passion Play

The Mt. Rushmore and Blac Hills tour is scheduled for Aug. 25 31. Seven fun-filled days. The pric is \$398 for double occupancy.

Highlights are Black Hills of the Dakotas, Mt. Rushmore, Badlands Deadwood and the famed Passion Play, Flying "T" chuckwagor dinner, Devil's Tower, Yellowstone

National Park, Grand Teton Mountains, Pink Garter Theater, Jackson

### **Emergency Medical Technician Class**

An Emergency Medical Technician Class will be held this fall in Midway. This is a 130 hour class that teaches advanced first aid and how to deal with medical emergencies. It is taught by physicians, nurses, medical technologists and other specialists.

This class prepares the student to take the state test, which will certify them in Utah and in most other states, Basic EMT certification is the prerequisite for working on an

ambulance, on the ski patrol and on many other jobs in Utah.

It begins Thursday, Sept. 15 and goes until Dec. 8, with time off for the deer hunt and for Thanksgiving. There is a fee. Nine hours of upper division college credit is available from Utah State University.

If you have any questions or would like to enroll in the class, please call Launa or Steve Nielson at 654-0324 or 654-0656.

#### Non-Smoking Program Started During Wasatch High Ball Game 7 Sep 1988

Last week's football game between Wasatch and Duchesne High Schools was dedicated to nonsmoking among adolescents.

Wasatch County teenagers were invited to sign pledges to quit smoking or not start for thirty days, during the first home game for Wasatch.

The Wasatch football team, cheerleaders, drama troupe and student council helped organize the event and signed the pledges. Since they are role models, if they promote non-smoking, other adolescents may follow their example, explained Range Williams Wassich football game in the State to promote non-smoking, Williams said. She said Joan Christensen, the Smoke-Free Utah State Coordinator, who is in charge implementing the program in Wasatch County, told her the county's efforts will be used as an example statewide.

The following information was provided by the National Institute on Drug Abuse and the American Lung Association:

-90 percent of all smokers start by age 19; two thirds of those by age 14.

-The vounger one storte to



The middle school held their annual Track and Field Day Tuesday, May 16 with the mile run, shotput, baseball throw, high jump, and various shorter lengths of runs and relays. Ribbons were awarded the top three winners in each division

### Fate and Wasatch EMT's Save Couple From Drowning

A couple of twists of fate put two Wasatch County EMT's in a position to prevent an unidentified Sandy couple from drowning at Deer Creek the night of May 16.

Barbara Murdock reported that she and her daughter, Launa Nielsen, had lingered about ten minutes after a medical seminar in Provo, before heading up the canyon to their homes in the Heber Valley. They arrived at the dam at about 11:30, where a man flagged them down and asked if they had a

He said two people were in the water, in the corner near the dam spillway, and it was so steep, mossy, and slick that they couldn't get out. She said there happened to be a long rope in the back of her pickup truck left there after a camping trip. They lowered the rope and pulled the couple to safety.

Murdock commented that if she and her daughter had left the seminar earlier or later, or had not had the rope, which is rather unusual, "We would have had a couple more drowning victims. I know they would not have made it."

She said the couple explained that they had had car trouble on the dam and while the man was trying to fix the vehicle, the woman "answered a call from nature." She was next to a fence and when an approaching car startled her, she jumped the fence and landed in the water.

The man said when she couldn't get out, he took off his vest and cowboy boots and went in after her. But he said he couldn't get any foot hold on the wall and was only able to hold on by digging his fingernails into a crack in the cement.

He hollered to a six- or eightyear-old girl, who was with them, who Murdock assumed was the daughter of the woman, and the child flagged down a motorist. He, in turn, stopped the Murdock vehicle, but no one else arrived at the scene."

Murdock said the water is just barely above freezing near the dam and that hypothermia was affecting the woman, but the man appeared to be okay. The rescuers wrapped the victims and began to warm them up. They offered to take the pair to the Utah Valley Medical Center, but they said they just wanted to go to a Heber City motel.

There was also a little boy, two or three years old, with the couple.

By the time they arrived at the motel, Murdock said the woman had begun to warm up.

There is one more twist to this story. Murdock's son, Doug, had also attended the Provo meeting but left as soon as it ended. He told her he had seen the little girl standing on the dam but that she wasn't doing anything.

Murdock said there weren't many